



www.womenforwomen.ca

www.womenforwomen6figureevent.ca

Welcome to our 'Winter 2010' Edition Women For Women Newsletter!

Welcome to the Women For Women Network & Newsletter!

Wow! Tell me that you took the opportunity to watch at least some of the 2010 Olympic Games! It reminded me of Malcolm Gladwell's '10,000 hours' theory, which I'm sure all of the Olympians applied on their quest! This also pushed to the forefront of my mind, how many others want success and perfection with such sense of immediacy and almost entitlement, that it often creates the opposite!

The athletes, who earned a place to compete, were already **WINNERS** to me! When I saw their disappointment 'when they won anything but GOLD', I was saddened too. My wish is that they could have allowed themselves to embrace the moment fully, and experience the wonder and excitement of earning Bronze or Silver!

I understand well the dreams, desires and hard work that make all of us want (and think we can achieve) **NUMBER ONE**.

I also know that if we continually **strive to perfect 'our best'** and unselfishly help others in their journey, we will be happier, healthier and actually much more successful in the long run. In fact, it is likely that we will do so, while remaining on our most authentic path – which is a truly beautiful place to be... A **NUMBER ONE** experience... that will often lead to a **First Place Finish** or two!

Here's to your **Olympic Year** in 2010! Live your best life and put your 'all' into it, because you can!

Sheri ☺

Women Helping Women

Women's lives are ever-evolving. Relationships, children, careers and shifting goals and interests sometimes leave us looking for new ways to connect with like-minded women for friendship.

WhereWomenConnect.com facilitates this connection by providing an on-line community for women of all ages and stages to come together for the conversation, activities, and of course, the friendships that make life off-line more interesting. So whether you're looking to create long-lasting friendships or you just want to find some women to play a round of golf or take in a 'chick flick' this weekend — *WhereWomenConnect.com* is the place to make it happen!

Founder and Friend
Jeanette Harrietha
416-797-6315

info@wherewomenconnect.com
wherewomenconnect.com

Follow us on [twitter](#)
Join us on [facebook](#)

Attention Small Business Owners!

Private meeting room available!
at Sandy's Place & Spa (3 Ward Ave,
Sharon, ON ~ entrance off Leslie St.)

Table and chairs for 8 - 10 people
Includes water, coffee and tea
\$50 ~ 2 hours

\$60 ~ includes muffins/cookies
Call for availability 905-806-1484

Stay tuned for
Sandy's Spa Spring Open House too!
www.sandysspa.ca

A Red Carpet Fashion Event
...to benefit the Easter Seals
'Send A Kid to Camp' Program

Sunday, April 18th

RUNWAY TO SPRING

3pm Cocktails

4:30pm Fashion Show

5:30pm Prize Draws & After Party

Tickets \$35

Venue: The Country Day School
13415 Dufferin St, King City, ON

Contact: Michelle Denniston
of Century 21, 416-433-8316,
denniston@sympatico.ca



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The Reconnection & Science of
Spirituality, Upcoming Events,
Women For Women Membership

Sheri Andrunyk, MNL

Business & Life Coach, Speaker, Writer
Founder of Master Mentors and
Women For Women Membership
WOMEN FOR WOMEN
INSIGHTFUL COMMUNICATIONS

Gayle Clarke

Customer Service, Office Manager, Writer
WOMEN FOR WOMEN WELLNESS

Insightful Communications

... Expressing You

Women for Women & Insightful Communications™

www.womenforwomen.ca

The Reconnection® and the **Science of Spirituality**

As a **Certified Reconnective Healing Practitioner**, I am asked “How does energy healing work?” At some point in our evolution, we have become disconnected from God.

Through **Reconnective Healing®**, I re-establish this connection so healing can take place on all levels (*Physically, mentally, emotionally, and spiritually*).

Spiritually-minded individuals are accepting of this explanation yet scientifically-minded individuals prefer when I say we've been disconnected from the electro-magnetic “grid” surrounding our planet.

Whether we speak of God or the “grid”, scientists are now able to measure and prove that **energy healing works.**

In a fascinating documentary entitled “The Living Matrix”, both scientists and alternative healing practitioners, present cases of energy healings from around the world.

To arrange a free screening of this film in the comfort of your home with family and friends, contact me at the number or email below.

As thanks for hosting a screening, I offer an opportunity for all present to experience the Reconnective Healing® energies with their own hands!

Dagmar Schoenrock
905-473-2720

dagmar@thereconnectioncentre.com
www.thereconnectioncentre.com

Ongoing Events *For Business & Pleasure!*



Women For Women Mastermind & Networking Afternoon: Mon, March 22nd, 12:30pm to 3pm, Sheri's Residence, 29 McKenzie Dr, Holland Landing – *No charge, RSVP to Sheri at sheri@womenforwomen.ca or 905-853-1968.*



Women For Women Networking Social: Thurs, April 30th, 7pm to 9pm, Investors Group, Newmarket office at Yonge & Millard – *No charge, RSVP to Sheri at sheri@womenforwomen.ca or 905-853-1968.*



Company of Women Networking Dinner: 1st Wednesday of every month in Aurora, 5:30pm to 9pm – *\$45 plus gst for members, \$55 plus gst for guests – Contact Laurie G. at 905-715-0088 or info@ezconnectionsandevents.com.*



Richmond Hill Women's Network Association Social: 3rd Wednesday evening of every month, 7:30pm to 9pm – *No charge – Contact Mercedes at 416-807-8779 or m.cobham@suddenvalues.com.*



Markham W.I.N.G.S. – Women's Networking Coffee Meeting: 4th Friday morning of every month, 10am to 11:30am, Monte Carlo Inn, 8900 Woodbine Ave, Markham – *\$15 for members/ \$20 for guests – Contact Laurie G or Sheri (info above)*

Everyone thinks that the principal thing to the tree is the fruit, but in point of fact the principal thing to it is the seed. F.W. Nietzsche

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Women For Women Membership Benefits

...**Expand your network** through our bi-monthly Mastermind Panels and Networking Socials

...**Increase your resources** and business support by joining a Master Mentors chapter near you (*mastermind meetings for women in business*)

...**Increase your internet & community exposure** through our on-line directory, *seasonal newsletter, gift basket program & events*

...**Submit newsletter articles and success stories** to share with our business *and personal* networks

...**Participate in the Women For Women Gift Basket Program**, where members have the opportunity to contribute cost-effective item(s) that tastefully represent them/their business – *these gifts are included in a beautiful basket and donated to events and causes that support charity, community & women!*

To date we have distributed approximately 32 gift baskets (*an average of about 6 per month*), supporting our members, local chambers of commerce events, and charities (such as the Women's Centre of York Region, ALS Society, Princess Margaret, Sandgate Women's Shelter, Deaf Blind Association, Southlake Foundations, Doane Hospice & TLC Pregnancy Center)!

A special thanks to Vanessa Gorgonio of Two Blonds & A Brunette Gift Co, for adding her magic touch to our gifts!