

# WATKINS



[www.womenforwomen.ca](http://www.womenforwomen.ca)

**Just getting familiar with Watkins, or curious about products you may not have tried; check out some of our family favourites:**

## **All-Natural Gourmet Black Pepper (Granulated & Whole)**

**Award-Winning!** When it comes to the world's most important spice, you might as well **use the best**. At Watkins, they buy top-quality Malabar and Lampong peppercorns (the two most potent varieties), carefully screen out fillers and stems, then granulate through an exclusive process, which creates less friction and preserves their highest oil content.

## **All-Natural Gourmet Grapeseed Oil (regular or garlic & parsley)**

'Great for dipping and cooking... Watkins grapeseed oil is lower in saturated fat and higher in unsaturated fats than nearly all other oils. It is one of the only foods shown to both lower LDL ('bad') cholesterol and increase HDL ('good') cholesterol. Its antioxidant content makes it not only **healthy**, but very stable; its high smoke point makes it **perfect for grilling or sautéing**. Unlike some oils, grapeseed oil doesn't mask or dull other flavours, and will actually brighten and **enhance** other foods...

## **Medicated Ointment**

This **cooling, soothing product** has been making people feel better for more than 85 years. Its fragrant menthol/camphor formula helps relieve aching muscles and joints. It has a great **calming effect** for bad coughs and colds (simply applying to the neck and/or chest, or just a touch under the nose will help one **breathe clearer**).

## **Menthol Camphor 'Breathe Easy' Relief Mist**

Diffuse the **comforting vapours** of Watkins popular ointment in the air you breathe. The penetrating blend of menthol, eucalyptus, camphor and thyme brings a **welcome relief** to any room, especially during cold season.

## **Generation III Laundry Detergent**

Best for oil-based and soil-based stains, and for use in hard water. Phosphate-**free triple cleansing system** provides superior performance on dirt and grease, while water softeners, brighteners, anti-redepositing and anti-corrosive agents boost detergent's performance.

## **Concentrated Organic Cleanser**

This **earth-friendly** product is so versatile; it can literally replace dozens of household cleansers. Use it for appliances, walls, woodwork, tile, **pre-treating laundry stains**, carpet stains, and even your car.... Dilute with water for use as a **spray-and-wipe** product. Completely biodegradable and phosphate-free.

## **Concentrated Degreaser**

Powerful, versatile and **biodegradable**. A naturally-derived coconut oil surfactant **cuts grease** like nothing else, without harsh detergents or phosphates. Works in any kind of water - hot or cold, soft or hard - and easily tackles greasy stovetops, charcoal grills, bicycles, appliances, garage floors and more. Apply directly to clothing to remove stubborn grease and oil stains. Highly **concentrated**.